**Week 5**

**Life Education:** Louise and Lisa, our Life Education teachers, have arrived and will be holding lessons for Kindergarten to Year 6 in the Life Ed van for the next two weeks. They are both dynamic teachers and always engage the students, catering for all ages and stages of development. We welcome them to our school once more.

**Zone Swimming Carnival:** This carnival will be held at the North Sydney Pool on Wednesday 9th March. We wish our swim team all the best.

**YEAR 6 Ice Block Day:** Our Year 6 students will be selling ice blocks from the canteen this Friday. Please send 50 cents along so the children can enjoy an icy treat in this very hot weather.

**GoodGuys and GirlPower Parent Information Evening:** This internationally recognised friendship program empowers tweens with the skills, language, and self-confidence to be better friends and develop healthier relationships. Our school is utilising a community grant to cover the cost for students in years 1-6. This program is costing the school approximately $10,000. We strongly encourage parents to register and attend the parent information session at Thursday 17th March 6.30pm-7.45pm for $25. Register by Mar 11, 2016.

**4th March:** Clean Up Australia Day  
Ride to School Safely Day – Years 5&6 only

**Lost Property:** Please check the lost property basket which is located on the verandah outside the toilets at the end of Block N for any missing items of clothing. If clothing is not claimed, it is sent to the Smith Family at the end of each term. Please mark all items of clothing (even shoes), as these are often removed during yoga or dance lessons.

**Nut Alert:** Please do not send any nuts or nut products to school. This includes peanut butter and other nut spreads. We have many students who are anaphylactic and it would be dreadful if you were inadvertently responsible for an attack of anaphylaxis in one of our students. These foods can be eaten before and after school in your own home, but should never be brought to school. We appreciate your adherence to this policy.

**Those little accidents:** At this time of each year the younger children often have accidents and wet their pants. We send the wet or soiled clothing home in a plastic bag for parents to wash. Please send any clothing we have lent your child back as soon as you have washed it. We had to drive up to Lane Cove this week to purchase underpants, as all of our supplies have been used. If you have any spare, clean children’s undies, we would love to take them off your hands. Spare socks would also be gratefully received.

**Collecting children from after school activities:** Please collect your child from the room in which their after school activity is being held e.g. chess, French etc…. Children are not permitted to leave the school grounds until they have been collected by a parent. Please make sure you are on time. If you are delayed for any reason please phone the school and we will keep your child in the office or take him or her to After School Care. It is a good idea to register your child at OOSH just in case there is ever an emergency which prevents you from collecting your child. Registration at Helping Hands is completely free.

**Kindergarten Teddy Bears’ Picnic:** Last Friday our new kindergarten students and their lovely teachers enjoyed a picnic under the Kindy COLA with their teddies.

**Helping Hands**

2016 is already under full steam and we have seen a massive increase in the number of families using our service this year. We want to let you know that for the first time, we are looking at hitting our capacity for Tuesday mornings and afternoons.

While we have not reached this just yet, we want to ask those who don't currently have a permanent booking on this day to consider changing to a permanent. This will be a on a first come, first served basis and once full, casuals and people wanting permanent positions will be waitlisted.

If you would like to make any changes please email us at your earliest convenience.

Helping Hands Contact Details: 0475 966 771  
lane covewest@helpinghandsnetwork.com.au